



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Ronald SOMERS

K.O.L.

Omloop : H40

Afstand : 9170m

Tijd : 1:37:46 (10'40"/km)

7/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Michel BASTIN | 1:00:00 |
| 2. Wannes HENDRICKX | 1:17:51 |
| 3. Patrick MAYERES | 1:22:08 |

1.	135	00:05:02		523m	9'37"/km
2.	132	00:04:11	00:09:13	251m	16'40"/km
3.	126	00:05:06	00:14:19	402m	12'41"/km
4.	116	00:04:31	00:18:50	660m	6'51"/km
5.	118	00:02:11	00:21:01	254m	8'36"/km
6.	109	00:04:02	00:25:03	606m	6'39"/km
7.	134	00:03:08	00:28:11	318m	9'51"/km
8.	143	00:04:47	00:32:58	355m	13'28"/km
9.	146	00:02:30	00:35:28	265m	9'26"/km
10.	153	00:02:41	00:38:09	194m	13'50"/km
11.	156	00:01:42	00:39:51	162m	10'30"/km
12.	162	00:00:00	00:39:51	354m	0'00"/km
13.	181	01:09:47	01:49:38	1262m	55'18"/km
14.	185	00:06:32	01:56:10	537m	12'10"/km
15.	184	00:01:59	01:58:09	180m	11'01"/km
16.	186	00:04:02	02:02:11	457m	8'50"/km
17.	187	00:04:22	02:06:33	246m	17'45"/km
18.	208	00:10:01	02:16:34	620m	16'09"/km
19.	206	00:02:48	02:19:22	327m	8'34"/km
20.	191	00:04:28	02:23:50	244m	18'18"/km
21.	192	00:01:13	02:25:03	122m	9'58"/km
22.	204	00:03:16	02:28:19	308m	10'36"/km
23.	220	00:05:37	02:33:56	356m	15'47"/km
24.	999	00:00:49	02:34:45	165m	4'57"/km

Orienteering Software