



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Patrick KORSTJENS

K.O.L.

Omloop : H50

Afstand : 6970m

Tijd : 1:12:42 (10'26"/km)

11/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Wim VERVOORT | 0:51:28 |
| 2. Olivier DE SMUL | 0:52:35 |
| 3. Frank VANSPAUWEN | 0:54:12 |

1.	103	00:03:11		317m	10'03"/km
2.	121	00:03:49	00:07:00	378m	10'06"/km
3.	118	00:04:04	00:11:04	353m	11'31"/km
4.	113	00:02:45	00:13:49	386m	7'07"/km
5.	130	00:04:53	00:18:42	566m	8'38"/km
6.	136	00:03:12	00:21:54	304m	10'32"/km
7.	159	00:03:52	00:25:46	386m	10'01"/km
8.	153	00:04:27	00:30:13	455m	9'47"/km
9.	150	00:02:05	00:32:18	211m	9'52"/km
10.	164	00:00:00	00:32:18	384m	0'00"/km
11.	175	01:07:36	01:39:54	715m	94'33"/km
12.	180	00:03:37	01:43:31	287m	12'36"/km
13.	182	00:02:27	01:45:58	213m	11'30"/km
14.	185	00:04:49	01:50:47	559m	8'37"/km
15.	189	00:03:04	01:53:51	219m	14'00"/km
16.	193	00:03:20	01:57:11	309m	10'47"/km
17.	202	00:05:03	02:02:14	207m	24'24"/km
18.	197	00:03:09	02:05:23	311m	10'08"/km
19.	220	00:02:38	02:08:01	246m	10'42"/km
20.	999	00:00:55	02:08:56	165m	5'33"/km

Orienteering Software