



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Winand BERNAERS

K.O.L.

Omloop : HE

Afstand : 13120m (Hoogteverschil 300m)

Tijd : 2:20:34 (10'43"/km)

5/6

O.K.

[Volledige uitslagen op Webres](#)

1. Simon KREKELS	1:37:39,054
2. Nicolas LUDOVICY	1:51:33
3. Brent VLEUGELS	1:52:23

1.	121	00:12:17		1132m	10'51"/km
2.	122	00:03:07	00:15:24	382m	8'10"/km
3.	123	00:11:19	00:26:43	1163m	9'44"/km
4.	125	00:06:47	00:33:30	587m	11'33"/km
5.	126	00:05:25	00:38:55	589m	9'12"/km
6.	127	00:05:20	00:44:15	504m	10'35"/km
7.	138	00:07:05	00:51:20	409m	17'19"/km
8.	128	00:04:03	00:55:23	416m	9'44"/km
9.	139	00:03:18	00:58:41	435m	7'35"/km
10.	140	00:04:13	01:02:54	476m	8'52"/km
11.	129	00:04:05	01:06:59	395m	10'20"/km
12.	131	00:03:47	01:10:46	435m	8'42"/km
13.	132	00:02:57	01:13:43	223m	13'14"/km
14.	130	00:02:21	01:16:04	220m	10'41"/km
15.	158	00:02:39	01:18:43	111m	23'52"/km
16.	141	00:22:42	01:41:25	2678m	8'29"/km
17.	149	00:06:10	01:47:35	214m	28'49"/km
18.	142	00:04:26	01:52:01	186m	23'50"/km
19.	143	00:02:59	01:55:00	232m	12'52"/km
20.	144	00:03:41	01:58:41	240m	15'21"/km
21.	150	00:03:49	02:02:30	164m	23'16"/km
22.	146	00:03:01	02:05:31	291m	10'22"/km
23.	145	00:10:50	02:16:21	1009m	10'44"/km
24.	120	00:03:38	02:19:59	396m	9'11"/km
25.	999	00:00:35	02:20:34	100m	5'50"/km

Orienteering Software