



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Tarmo KUUB

ASUB

Omloop : H40

Afstand : 8820m (Hoogteverschil 200m)

Tijd : 1:37:04,824 (11'00"/km)

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O.K.

[Volledige uitslagen op Webres](#)

1. Ronald SOMERS	1:24:06
3. Raimonds BRICIS	1:37:53

1.	163	00:12:39		1194m	10'36"/km
2.	164	00:02:27	00:15:06	250m	9'48"/km
3.	165	00:04:24	00:19:30	407m	10'49"/km
4.	135	00:02:27	00:21:57	272m	9'00"/km
5.	159	00:05:23	00:27:20	379m	14'12"/km
6.	166	00:04:10	00:31:30	297m	14'02"/km
7.	124	00:04:01	00:35:31	286m	14'03"/km
8.	131	00:03:14	00:38:45	323m	10'01"/km
9.	162	00:03:40	00:42:25	329m	11'09"/km
10.	117	00:11:23	00:53:48	1361m	8'22"/km
11.	121	00:07:04	01:00:52	349m	20'15"/km
12.	168	00:04:48	01:05:40	402m	11'56"/km
13.	142	00:08:28	01:14:08	796m	10'38"/km
14.	144	00:03:55	01:18:03	328m	11'56"/km
15.	169	00:01:58	01:20:01	150m	13'07"/km
16.	153	00:01:45	01:21:46	107m	16'21"/km
17.	154	00:03:14	01:25:00	205m	15'46"/km
18.	116	00:01:54	01:26:54	130m	14'37"/km
19.	148	00:06:49	01:33:43	637m	10'42"/km
20.	120	00:02:50	01:36:33	386m	7'20"/km
21.	999	00:00:31	01:37:04	100m	5'10"/km

Orienteering Software