



# BOC#06 - Ultra-longues distances - Rouge-Cloître & Trois-Fontaines

## Forêt de Soignes 19.12.2021

### ASUB

**Vis Iwan & Sillien Nicolas**

SUD O LUX

Circuit : H:ULD Long

Distance : 20710m

Temps : 2:30:52 (7'17"/km)

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O.K.

[Résultats complets sur Webres](#)

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|-------------------------------|---------|
| 1. Leeuws Evert & Wouter      | 2:24:10 |
| 3. Danel Jérôme & Varin Lucas | 2:37:47 |

1.	209	00:06:07		639m	9'34"/km
2.	208	00:03:31	00:09:38	499m	7'03"/km
3.	206	00:02:58	00:12:36	490m	6'03"/km
4.	167	00:02:24	00:15:00	342m	7'01"/km
5.	170	00:02:33	00:17:33	296m	8'37"/km
6.	199	00:03:44	00:21:17	471m	7'56"/km
7.	198	00:00:48	00:22:05	165m	4'51"/km
8.	168	00:01:37	00:23:42	323m	5'00"/km
9.	167	00:01:33	00:25:15	291m	5'20"/km
10.	171	00:04:12	00:29:27	674m	6'14"/km
11.	172	00:06:43	00:36:10	966m	6'57"/km
12.	173	00:00:37	00:36:47	127m	4'51"/km
13.	204	00:09:51	00:46:38	1368m	7'12"/km
14.	228	00:01:09	00:47:47	195m	5'54"/km
15.	181	00:01:06	00:48:53	125m	8'48"/km
16.	205	00:01:23	00:50:16	321m	4'19"/km
17.	175	00:04:19	00:54:35	646m	6'41"/km
18.	203	00:04:16	00:58:51	484m	8'49"/km
19.	182	00:02:43	01:01:34	386m	7'02"/km
20.	195	00:02:16	01:03:50	378m	6'00"/km
21.	197	00:02:15	01:06:05	235m	9'34"/km
22.	177	00:02:05	01:08:10	304m	6'51"/km
23.	174	00:02:14	01:10:24	310m	7'12"/km
24.	178	00:07:46	01:18:10	1019m	7'37"/km
25.	217	00:00:50	01:19:00		
26.	169	00:04:15	01:23:15	576m	7'23"/km
27.	218	00:05:35	01:28:50	740m	7'33"/km
28.	180	00:04:46	01:33:36	447m	10'40"/km
29.	224	00:02:31	01:36:07	355m	7'05"/km
30.	223	00:02:08	01:38:15	404m	5'17"/km
31.	215	00:03:04	01:41:19	419m	7'19"/km
32.	187	00:04:20	01:45:39	466m	9'18"/km
33.	185	00:02:08	01:47:47	286m	7'28"/km
34.	183	00:02:23	01:50:10	338m	7'03"/km
35.	220	00:01:06	01:51:16	185m	5'57"/km
36.	210	00:02:40	01:53:56	353m	7'33"/km

Software



37.	191	00:07:41	02:01:37	845m	9'06"/km
38.	190	00:03:06	02:04:43	446m	6'57"/km
39.	189	00:00:14	02:04:57	144m	1'37"/km
40.	188	00:04:59	02:09:56	705m	7'04"/km
41.	186	00:09:14	02:19:10	1352m	6'50"/km
42.	184	00:01:41	02:20:51	206m	8'10"/km
43.	212	00:06:56	02:27:47	998m	6'57"/km
44.	194	00:01:41	02:29:28	166m	10'08"/km
45.	196	00:00:59	02:30:27	226m	4'21"/km
46.	999	00:00:25	02:30:52	71m	5'52"/km

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