



# Regionale Hoge Rielen

## LICHTAART 16.1.2022

### K.O.L.

**Hilde VERCAEREN**

K.O.L.

Omloop : D:04

Afstand : 4380m

Tijd : 0:48:13 (11'01"/km)

**7/24**

O.K.

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- |                          |         |
|--------------------------|---------|
| 1. Kristel MERTENS       | 0:36:20 |
| 2. Maria HENKES          | 0:37:52 |
| 3. Katleen VAN DE MOORTE | 0:41:10 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 195 | 00:01:37 |          | 171m | 9'27"/km  |
| 2.  | 196 | 00:01:34 | 00:03:11 | 202m | 7'45"/km  |
| 3.  | 137 | 00:01:16 | 00:04:27 | 130m | 9'45"/km  |
| 4.  | 197 | 00:02:38 | 00:07:05 | 295m | 8'56"/km  |
| 5.  | 111 | 00:03:56 | 00:11:01 | 235m | 16'44"/km |
| 6.  | 198 | 00:03:25 | 00:14:26 | 309m | 11'03"/km |
| 7.  | 189 | 00:01:43 | 00:16:09 | 158m | 10'52"/km |
| 8.  | 199 | 00:02:45 | 00:18:54 | 223m | 12'20"/km |
| 9.  | 126 | 00:01:46 | 00:20:40 | 206m | 8'35"/km  |
| 10. | 167 | 00:01:59 | 00:22:39 | 137m | 14'29"/km |
| 11. | 110 | 00:01:22 | 00:24:01 | 106m | 12'54"/km |
| 12. | 128 | 00:02:19 | 00:26:20 | 188m | 12'19"/km |
| 13. | 192 | 00:02:30 | 00:28:50 | 191m | 13'05"/km |
| 14. | 101 | 00:03:30 | 00:32:20 | 221m | 15'50"/km |
| 15. | 102 | 00:01:21 | 00:33:41 | 125m | 10'48"/km |
| 16. | 104 | 00:01:31 | 00:35:12 | 150m | 10'07"/km |
| 17. | 105 | 00:02:20 | 00:37:32 | 212m | 11'00"/km |
| 18. | 109 | 00:01:50 | 00:39:22 | 184m | 9'58"/km  |
| 19. | 103 | 00:01:40 | 00:41:02 | 165m | 10'06"/km |
| 20. | 157 | 00:01:57 | 00:42:59 | 211m | 9'15"/km  |
| 21. | 108 | 00:01:17 | 00:44:16 | 111m | 11'34"/km |
| 22. | 106 | 00:01:51 | 00:46:07 | 201m | 9'12"/km  |
| 23. | 107 | 00:01:27 | 00:47:34 | 182m | 7'58"/km  |
| 24. | 999 | 00:00:39 | 00:48:13 | 70m  | 9'17"/km  |

Orienteering Software