



# VALENTIJN - FOREST CUP

HECHTEL 13.2.2022

K.O.L.

**Jeroen HOEKX**

hamok

Omloop : H:01

Afstand : 9000m

Tijd : 0:51:32 (5'44"/km)

**5/24**

O.K.

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- |                            |         |
|----------------------------|---------|
| 1. Marc SERRALLONGA ARQUES | 0:45:47 |
| 2. Evert LEEUWS            | 0:47:34 |
| 3. Desmond FRANSSEN        | 0:50:30 |

|     |     |          |          |      |          |
|-----|-----|----------|----------|------|----------|
| 1.  | 126 | 00:01:21 |          | 206m | 6'33"/km |
| 2.  | 119 | 00:03:51 | 00:05:12 | 697m | 5'31"/km |
| 3.  | 116 | 00:02:36 | 00:07:48 | 385m | 6'45"/km |
| 4.  | 101 | 00:02:00 | 00:09:48 | 327m | 6'07"/km |
| 5.  | 104 | 00:01:41 | 00:11:29 | 278m | 6'03"/km |
| 6.  | 108 | 00:02:18 | 00:13:47 | 441m | 5'13"/km |
| 7.  | 109 | 00:00:46 | 00:14:33 | 137m | 5'36"/km |
| 8.  | 110 | 00:01:06 | 00:15:39 | 185m | 5'57"/km |
| 9.  | 112 | 00:00:47 | 00:16:26 | 149m | 5'15"/km |
| 10. | 114 | 00:00:55 | 00:17:21 | 170m | 5'24"/km |
| 11. | 104 | 00:02:28 | 00:19:49 | 418m | 5'54"/km |
| 12. | 106 | 00:01:41 | 00:21:30 | 329m | 5'07"/km |
| 13. | 180 | 00:02:15 | 00:23:45 | 435m | 5'10"/km |
| 14. | 179 | 00:01:32 | 00:25:17 | 240m | 6'23"/km |
| 15. | 178 | 00:02:27 | 00:27:44 | 474m | 5'10"/km |
| 16. | 177 | 00:01:19 | 00:29:03 | 207m | 6'22"/km |
| 17. | 174 | 00:03:11 | 00:32:14 | 566m | 5'37"/km |
| 18. | 169 | 00:01:55 | 00:34:09 | 302m | 6'21"/km |
| 19. | 176 | 00:01:38 | 00:35:47 | 270m | 6'03"/km |
| 20. | 165 | 00:01:10 | 00:36:57 | 154m | 7'35"/km |
| 21. | 166 | 00:01:56 | 00:38:53 | 340m | 5'41"/km |
| 22. | 167 | 00:01:22 | 00:40:15 | 228m | 6'00"/km |
| 23. | 160 | 00:01:48 | 00:42:03 | 303m | 5'56"/km |
| 24. | 158 | 00:01:32 | 00:43:35 | 297m | 5'10"/km |
| 25. | 152 | 00:01:52 | 00:45:27 | 375m | 4'59"/km |
| 26. | 140 | 00:01:44 | 00:47:11 | 310m | 5'35"/km |
| 27. | 148 | 00:02:24 | 00:49:35 | 384m | 6'15"/km |
| 28. | 146 | 00:01:21 | 00:50:56 | 244m | 5'32"/km |
| 29. | 999 | 00:00:36 | 00:51:32 | 150m | 4'00"/km |

Orienteering Software