

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Pascal MYLLE

hamok

Circuit : H45

Distance : 7440m (Dénivelé 110m)

Temps : 1:17:19 (10'24"/km)

9/18

O.K.

[Résultats complets sur Webres](#)

- | | |
|-------------------|---------|
| 1. Marc KERCKHOFS | 0:58:53 |
| 2. Kim JANSEN | 0:59:53 |
| 3. Guido LENGES | 1:02:14 |

1.	102	00:02:23		284m	8'24"/km
2.	159	00:02:30	00:04:53	215m	11'38"/km
3.	158	00:04:06	00:08:59	552m	7'26"/km
4.	157	00:03:42	00:12:41	442m	8'22"/km
5.	156	00:03:39	00:16:20	513m	7'07"/km
6.	155	00:03:31	00:19:51	347m	10'08"/km
7.	154	00:03:15	00:23:06	354m	9'11"/km
8.	153	00:02:09	00:25:15	93m	23'07"/km
9.	152	00:02:20	00:27:35	230m	10'09"/km
10.	151	00:03:55	00:31:30	442m	8'52"/km
11.	150	00:02:35	00:34:05	249m	10'22"/km
12.	149	00:04:21	00:38:26	292m	14'54"/km
13.	148	00:05:33	00:43:59	352m	15'46"/km
14.	147	00:03:54	00:47:53	335m	11'39"/km
15.	146	00:02:46	00:50:39	96m	28'49"/km
16.	145	00:02:15	00:52:54	292m	7'42"/km
17.	136	00:05:07	00:58:01	632m	8'06"/km
18.	125	00:03:23	01:01:24	227m	14'54"/km
19.	129	00:03:52	01:05:16	217m	17'49"/km
20.	106	00:03:25	01:08:41	282m	12'07"/km
21.	107	00:01:42	01:10:23	206m	8'15"/km
22.	119	00:04:59	01:15:22	525m	9'30"/km
23.	165	00:01:18	01:16:40	166m	7'50"/km
24.	999	00:00:39	01:17:19	91m	7'09"/km

Orienteering Software