



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Ellen BOURGONJON

TROL

Circuit : D40

Distance : 4300m (Dénivelé 115m)

Temps : 0:51:18 (11'56"/km)

2/9

O.K.

[Résultats complets sur Webres](#)

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| 1. Aline HERMANS | 0:35:03 |
| 3. Netsi WODAJÓ | 0:53:45 |

1.	225	00:06:13		554m	11'13"/km
2.	249	00:00:41	00:06:54	111m	6'09"/km
3.	227	00:01:38	00:08:32	170m	9'36"/km
4.	232	00:03:09	00:11:41	228m	13'49"/km
5.	189	00:01:49	00:13:30	175m	10'23"/km
6.	202	00:00:51	00:14:21	75m	11'20"/km
7.	213	00:00:58	00:15:19	91m	10'37"/km
8.	229	00:01:30	00:16:49	157m	9'33"/km
9.	242	00:01:47	00:18:36	162m	11'00"/km
10.	191	00:01:11	00:19:47		
11.	168	00:02:15	00:22:02		
12.	173	00:04:32	00:26:34	297m	15'16"/km
13.	246	00:01:45	00:28:19	151m	11'35"/km
14.	244	00:04:57	00:33:16	509m	9'43"/km
15.	175	00:09:30	00:42:46	558m	17'02"/km
16.	214	00:01:37	00:44:23	145m	11'09"/km
17.	219	00:01:24	00:45:47	111m	12'37"/km
18.	194	00:02:30	00:48:17	254m	9'51"/km
19.	186	00:00:59	00:49:16	156m	6'18"/km
20.	255	00:01:34	00:50:50	162m	9'40"/km
21.	999	00:00:28	00:51:18	87m	5'22"/km

Orienteering Software