



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

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Pégase CO

Circuit : H45

Distance : 5180m (Dénivelé 130m)

Temps : 1:17:36 (14'59"/km)

10/14

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Nicolas SILLIEN | 0:39:57 |
| 2. Kim JANSEN | 0:43:29 |
| 3. Serge DUSZA | 0:45:21 |

1.	193	00:10:08		373m	27'10"/km
2.	177	00:03:18	00:13:26	199m	16'35"/km
3.	244	00:05:54	00:19:20	489m	12'04"/km
4.	174	00:03:16	00:22:36	227m	14'23"/km
5.	246	00:03:03	00:25:39	296m	10'18"/km
6.	173	00:01:13	00:26:52	151m	8'03"/km
7.	248	00:03:33	00:30:25	193m	18'24"/km
8.	168	00:03:46	00:34:11	150m	25'07"/km
9.	202	00:00:44	00:34:55	94m	7'48"/km
10.	213	00:00:54	00:35:49	91m	9'53"/km
11.	167	00:04:54	00:40:43	427m	11'29"/km
12.	179	00:10:05	00:50:48	795m	12'41"/km
13.	180	00:06:07	00:56:55	275m	22'15"/km
14.	181	00:02:12	00:59:07	111m	19'49"/km
15.	211	00:04:48	01:03:55	259m	18'32"/km
16.	196	00:02:15	01:06:10	167m	13'28"/km
17.	226	00:03:59	01:10:09	176m	22'38"/km
18.	183	00:01:44	01:11:53	140m	12'23"/km
19.	184	00:01:48	01:13:41	238m	7'34"/km
20.	255	00:03:30	01:17:11	359m	9'45"/km
21.	999	00:00:25	01:17:36	87m	4'47"/km

Orienteering Software