



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Frank AERDEN

K.O.L.

Omloop : H50

Afstand : 5110m

Tijd : 0:55:48 (10'55"/km)

24/26

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Olivier DE SMUL | 0:29:14 |
| 2. Wim VERVOORT | 0:30:29 |
| 3. Noël NIJSTEN | 0:32:15 |

1.	201	00:04:44		456m	10'23"/km
2.	202	00:03:05	00:07:49	317m	9'44"/km
3.	148	00:05:09	00:12:58	261m	19'44"/km
4.	154	00:00:49	00:13:47	91m	8'58"/km
5.	196	00:02:39	00:16:26	290m	9'08"/km
6.	199	00:02:50	00:19:16	326m	8'41"/km
7.	183	00:01:08	00:20:24	132m	8'35"/km
8.	157	00:02:09	00:22:33	180m	11'57"/km
9.	198	00:07:01	00:29:34	229m	30'38"/km
10.	167	00:01:42	00:31:16	176m	9'40"/km
11.	147	00:01:08	00:32:24	127m	8'55"/km
12.	210	00:06:05	00:38:29	606m	10'02"/km
13.	211	00:02:46	00:41:15	289m	9'34"/km
14.	150	00:01:52	00:43:07	195m	9'34"/km
15.	190	00:00:58	00:44:05	98m	9'52"/km
16.	214	00:01:36	00:45:41	135m	11'51"/km
17.	220	00:01:48	00:47:29	146m	12'20"/km
18.	215	00:02:03	00:49:32	235m	8'43"/km
19.	182	00:00:38	00:50:10	104m	6'05"/km
20.	168	00:02:47	00:52:57	344m	8'05"/km
21.	169	00:01:46	00:54:43	184m	9'36"/km
22.	200	00:00:44	00:55:27	92m	7'58"/km
23.	999	00:00:21	00:55:48	99m	3'32"/km

Orienteering Software