



# Régionale Urbaine Moyenne Distance

## Citadelle de Montmédy 17.9.2022

### ASUB

**Anna SERRALLONGA**

TROL

Circuit : D:Noir Long

Distance : 5400m

Temps : 0:46:35 (8'38"/km)

**1/12**

O.K.

[Résultats complets sur Webres](#)

2. Laurine HERMAN 0:53:03  
3. Sandrine DEFRAIGNE 0:56:40

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 87  | 00:01:52 |          | 168m | 11'07"/km |
| 2.  | 112 | 00:00:28 | 00:02:20 | 48m  | 9'43"/km  |
| 3.  | 94  | 00:00:25 | 00:02:45 | 57m  | 7'19"/km  |
| 4.  | 95  | 00:03:09 | 00:05:54 | 76m  | 41'27"/km |
| 5.  | 97  | 00:02:22 | 00:08:16 | 112m | 21'08"/km |
| 6.  | 100 | 00:03:11 | 00:11:27 | 187m | 17'01"/km |
| 7.  | 75  | 00:01:40 | 00:13:07 | 120m | 13'53"/km |
| 8.  | 101 | 00:01:51 | 00:14:58 | 127m | 14'34"/km |
| 9.  | 102 | 00:01:48 | 00:16:46 | 108m | 16'40"/km |
| 10. | 103 | 00:02:12 | 00:18:58 | 135m | 16'18"/km |
| 11. | 56  | 00:00:48 | 00:19:46 | 42m  | 19'03"/km |
| 12. | 58  | 00:01:27 | 00:21:13 | 76m  | 19'05"/km |
| 13. | 104 | 00:05:04 | 00:26:17 | 89m  | 56'56"/km |
| 14. | 84  | 00:00:54 | 00:27:11 | 90m  | 10'00"/km |
| 15. | 59  | 00:00:57 | 00:28:08 | 138m | 6'53"/km  |
| 16. | 105 | 00:00:53 | 00:29:01 | 38m  | 23'15"/km |
| 17. | 106 | 00:01:09 | 00:30:10 | 58m  | 19'50"/km |
| 18. | 107 | 00:00:51 | 00:31:01 | 53m  | 16'02"/km |
| 19. | 54  | 00:01:04 | 00:32:05 | 41m  | 26'01"/km |
| 20. | 55  | 00:02:45 | 00:34:50 | 128m | 21'29"/km |
| 21. | 109 | 00:00:29 | 00:35:19 | 29m  | 16'40"/km |
| 22. | 81  | 00:01:05 | 00:36:24 | 138m | 7'51"/km  |
| 23. | 111 | 00:00:20 | 00:36:44 | 39m  | 8'33"/km  |
| 24. | 82  | 00:00:59 | 00:37:43 | 139m | 7'04"/km  |
| 25. | 110 | 00:03:13 | 00:40:56 | 97m  | 33'10"/km |
| 26. | 92  | 00:01:06 | 00:42:02 | 65m  | 16'55"/km |
| 27. | 113 | 00:01:40 | 00:43:42 | 33m  | 50'30"/km |
| 28. | 79  | 00:01:22 | 00:45:04 | 133m | 10'17"/km |
| 29. | 88  | 00:00:59 | 00:46:03 | 148m | 6'39"/km  |
| 30. | 77  | 00:00:30 | 00:46:33 | 96m  | 5'12"/km  |
| 31. | 999 | 00:00:02 | 00:46:35 | 29m  | 1'09"/km  |