

Régionale 9 couleurs

Anthismes - Comblain 8.1.2023

Hermathenae

Christophe BERNARD

ASUB

Circuit : H:Noir long

Distance : 8850m (Dénivelé 345m)

Temps : 1:05:21 (7'23"/km)

1/20

O.K.

[Résultats complets sur Webres](#)

2. Guido LENGES 1:15:17
2. Arnaud MAZY 1:15:17

1.	118	00:03:36		468m	7'42"/km
2.	117	00:01:43	00:05:19	240m	7'09"/km
3.	93	00:01:46	00:07:05	300m	5'53"/km
4.	116	00:01:10	00:08:15	227m	5'08"/km
5.	107	00:03:21	00:11:36	453m	7'24"/km
6.	108	00:01:55	00:13:31	289m	6'38"/km
7.	97	00:06:01	00:19:32	1015m	5'56"/km
8.	112	00:00:52	00:20:24	98m	8'51"/km
9.	96	00:01:40	00:22:04	218m	7'39"/km
10.	104	00:04:38	00:26:42	643m	7'12"/km
11.	95	00:01:25	00:28:07	175m	8'06"/km
12.	109	00:01:27	00:29:34	191m	7'35"/km
13.	110	00:01:42	00:31:16	262m	6'29"/km
14.	115	00:00:24	00:31:40	67m	5'58"/km
15.	111	00:00:54	00:32:34	112m	8'02"/km
16.	98	00:03:32	00:36:06	488m	7'14"/km
17.	59	00:01:44	00:37:50	150m	11'33"/km
18.	99	00:03:35	00:41:25	460m	7'47"/km
19.	62	00:00:38	00:42:03	92m	6'53"/km
20.	100	00:01:13	00:43:16	197m	6'11"/km
21.	114	00:01:42	00:44:58	174m	9'46"/km
22.	101	00:03:46	00:48:44	529m	7'07"/km
23.	122	00:02:18	00:51:02	399m	5'46"/km
24.	121	00:00:59	00:52:01	114m	8'38"/km
25.	120	00:01:03	00:53:04	99m	10'36"/km
26.	119	00:03:12	00:56:16	388m	8'15"/km
27.	103	00:03:48	01:00:04	330m	11'31"/km
28.	123	00:03:10	01:03:14	386m	8'12"/km
29.	59	00:01:21	01:04:35	167m	8'05"/km
30.	999	00:00:46	01:05:21	95m	8'04"/km