



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Myriam BRUYNINCKX

hamok

Omloop : D:05

Afstand : 3250m

Tijd : 1:02:52 (19'21"/km)

12/19

O.K.

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- | | |
|-------------------------|---------|
| 1. Hilde VERCAEREN | 0:36:41 |
| 2. Lisette EYKMANS | 0:38:50 |
| 3. Godelieve BRUYNSEELS | 0:44:49 |

1.	101	00:04:45		192m	24'44"/km
2.	105	00:03:50	00:08:35	217m	17'40"/km
3.	123	00:07:10	00:15:45	432m	16'35"/km
4.	110	00:06:39	00:22:24	375m	17'44"/km
5.	124	00:03:19	00:25:43	233m	14'14"/km
6.	155	00:07:34	00:33:17	502m	15'04"/km
7.	156	00:03:54	00:37:11	214m	18'13"/km
8.	149	00:04:21	00:41:32	153m	28'26"/km
9.	139	00:10:29	00:52:01	272m	38'32"/km
10.	140	00:03:55	00:55:56	155m	25'16"/km
11.	141	00:02:06	00:58:02	125m	16'48"/km
12.	144	00:03:24	01:01:26	209m	16'16"/km
13.	220	00:00:51	01:02:17	87m	9'46"/km
14.	999	00:00:35	01:02:52	87m	6'42"/km

HELGA

Orienteering Software