



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Andre DE VEIRMAN

TROL

Omloop : H:03

Afstand : 5500m

Tijd : 0:42:18 (7'41"/km)

5/41

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Bob DE CLEENE | 0:36:12 |
| 2. Thomas JANSEN | 0:36:17 |
| 3. Rudy ROOMAN | 0:39:07 |

1.	106	00:03:49		400m	9'32"/km
2.	134	00:06:19	00:10:08	897m	7'03"/km
3.	112	00:02:15	00:12:23	324m	6'57"/km
4.	114	00:02:18	00:14:41	331m	6'57"/km
5.	115	00:00:55	00:15:36	90m	10'11"/km
6.	113	00:01:34	00:17:10	216m	7'15"/km
7.	119	00:01:48	00:18:58	262m	6'52"/km
8.	118	00:01:30	00:20:28	207m	7'15"/km
9.	122	00:01:02	00:21:30	143m	7'14"/km
10.	116	00:01:16	00:22:46	190m	6'40"/km
11.	162	00:01:14	00:24:00	156m	7'54"/km
12.	155	00:04:18	00:28:18	615m	7'00"/km
13.	152	00:02:02	00:30:20	282m	7'13"/km
14.	150	00:00:48	00:31:08	93m	8'36"/km
15.	146	00:01:26	00:32:34	189m	7'35"/km
16.	158	00:03:05	00:35:39	281m	10'58"/km
17.	137	00:01:17	00:36:56	170m	7'33"/km
18.	140	00:00:38	00:37:34	80m	7'55"/km
19.	157	00:01:35	00:39:09	217m	7'18"/km
20.	148	00:02:13	00:41:22	185m	11'59"/km
21.	220	00:00:34	00:41:56	84m	6'45"/km
22.	999	00:00:22	00:42:18	87m	4'13"/km

Orienteering Software