



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Vic VANDERSTRAETEN

hamok

Omloop : H:05

Afstand : 3250m

Tijd : 0:32:58 (10'09"/km)

3/32

O.K.

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- | | |
|-------------------|---------|
| 1. Kobe DEFERM | 0:26:34 |
| 2. Alfred SIMKENS | 0:29:20 |

1.	101	00:03:17		192m	17'06"/km
2.	105	00:02:15	00:05:32	217m	10'22"/km
3.	123	00:04:52	00:10:24	432m	11'16"/km
4.	110	00:03:44	00:14:08	375m	9'57"/km
5.	124	00:02:36	00:16:44	233m	11'10"/km
6.	155	00:04:01	00:20:45	502m	8'00"/km
7.	156	00:02:39	00:23:24	214m	12'23"/km
8.	149	00:01:32	00:24:56	153m	10'01"/km
9.	139	00:02:21	00:27:17	272m	8'38"/km
10.	140	00:01:22	00:28:39	155m	8'49"/km
11.	141	00:01:13	00:29:52	125m	9'44"/km
12.	144	00:01:59	00:31:51	209m	9'29"/km
13.	220	00:00:37	00:32:28	87m	7'05"/km
14.	999	00:00:30	00:32:58	87m	5'45"/km

HELGA

Orienteering Software