



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Bert GEUDENS

K.O.L.

Omloop : H:05

Afstand : 3250m

Tijd : 0:52:54 (16'17"/km)

19/32

O.K.

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|-----------------------|---------|
| 1. Kobe DEFERM | 0:26:34 |
| 2. Alfred SIMKENS | 0:29:20 |
| 3. Vic VANDERSTRAETEN | 0:32:58 |

1.	101	00:03:23		192m	17'37"/km
2.	105	00:03:03	00:06:26	217m	14'03"/km
3.	123	00:08:44	00:15:10	432m	20'13"/km
4.	110	00:11:17	00:26:27	375m	30'05"/km
5.	124	00:03:03	00:29:30	233m	13'05"/km
6.	155	00:05:55	00:35:25	502m	11'47"/km
7.	156	00:02:58	00:38:23	214m	13'52"/km
8.	149	00:02:12	00:40:35	153m	14'23"/km
9.	139	00:03:12	00:43:47	272m	11'46"/km
10.	140	00:02:34	00:46:21	155m	16'34"/km
11.	141	00:01:33	00:47:54	125m	12'24"/km
12.	144	00:03:30	00:51:24	209m	16'45"/km
13.	220	00:00:55	00:52:19	87m	10'32"/km
14.	999	00:00:35	00:52:54	87m	6'42"/km

HELGA

Orienteering Software