

Nationale LD
Hèvrement 12.3.2023
CO Liège

Klaas MELLEBECK

hamok

Circuit : SD

Distance : 4200m (Dénivelé 85m)

Temps : 1:19:01 (18'49"/km)

12/18

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Elisabeth HENKES | 0:43:27 |
| 2. Fred TOSSERAMS | 0:54:14 |
| 3. Jorran VAN DER HEIJDEN | 0:54:19 |

1.	119	00:07:43		350m	22'03"/km
2.	139	00:12:04	00:19:47	550m	21'56"/km
3.	99	00:06:55	00:26:42	276m	25'04"/km
4.	107	00:09:43	00:36:25	854m	11'23"/km
5.	80	00:12:06	00:48:31	516m	23'27"/km
6.	127	00:06:15	00:54:46	356m	17'33"/km
7.	137	00:06:28	01:01:14	280m	23'06"/km
8.	94	00:07:35	01:08:49	507m	14'57"/km
9.	95	00:06:23	01:15:12	191m	33'25"/km
10.	96	00:03:18	01:18:30	205m	16'06"/km
11.	999	00:00:31	01:19:01	115m	4'30"/km

HELGA

Orienteering Software