



Nationale - Long Distance Oosterlynck

Hoge Mouw 19.3.2023

TROL

Winand BERNAERS

K.O.L.

Omloop : HE

Afstand : 13600m

Tijd : 1:39:28 (7'19"/km)

8/12

O.K.

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|--------------------|---------|
| 1. Warre DE CUYPER | 1:16:31 |
| 2. Wouter HUS | 1:16:50 |
| 3. Evert LEEUWS | 1:19:05 |

1.	47	00:06:51	994m	6'53"/km
2.	49	00:01:41 00:08:32	252m	6'41"/km
3.	52	00:01:52 00:10:24	82m	22'46"/km
4.	50	00:02:09 00:12:33	287m	7'29"/km
5.	51	00:00:43 00:13:16	116m	6'11"/km
6.	53	00:02:38 00:15:54	398m	6'37"/km
7.	100	00:04:27 00:20:21	702m	6'20"/km
8.	57	00:03:20 00:23:41	393m	8'29"/km
9.	58	00:01:24 00:25:05	169m	8'17"/km
10.	64	00:04:02 00:29:07	566m	7'08"/km
11.	68	00:04:54 00:34:01	724m	6'46"/km
12.	71	00:02:36 00:36:37	340m	7'39"/km
13.	72	00:02:51 00:39:28	363m	7'51"/km
14.	73	00:01:32 00:41:00	212m	7'14"/km
15.	75	00:04:46 00:45:46	538m	8'52"/km
16.	78	00:03:36 00:49:22	474m	7'36"/km
17.	81	00:04:47 00:54:09	565m	8'28"/km
18.	67	00:03:12 00:57:21	488m	6'33"/km
19.	70	00:04:14 01:01:35	594m	7'08"/km
20.	74	00:02:48 01:04:23	419m	6'41"/km
21.	79	00:04:09 01:08:32	629m	6'36"/km
22.	62	00:07:08 01:15:40	1135m	6'17"/km
23.	88	00:02:49 01:18:29	347m	8'07"/km
24.	38	00:02:30 01:20:59	298m	8'23"/km
25.	42	00:02:04 01:23:03	294m	7'02"/km
26.	90	00:03:06 01:26:09	323m	9'36"/km
27.	84	00:04:40 01:30:49	687m	6'48"/km
28.	37	00:03:41 01:34:30	556m	6'37"/km
29.	95	00:01:53 01:36:23	198m	9'31"/km
30.	61	00:02:08 01:38:31	299m	7'08"/km
31.	999	00:00:57 01:39:28	153m	6'13"/km