



## Lenteloop - Park Molenheide

Helchteren 19.4.2023

Omega

**Marc BRIERS**

K.O.L.

Omloop : H:02

Afstand : 4100m

Tijd : 0:48:04 (11'43"/km)

**20/30**

O.K.

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- |                             |         |
|-----------------------------|---------|
| 1. Jan-Gerard VAN DER TOORN | 0:24:44 |
| 2. Nathan JANSEN            | 0:27:07 |
| 3. Wouter VAN MUYSEN        | 0:29:05 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 94  | 00:00:51 |          | 87m  | 9'46"/km  |
| 2.  | 95  | 00:00:43 | 00:01:34 | 115m | 6'14"/km  |
| 3.  | 96  | 00:05:44 | 00:07:18 | 191m | 30'01"/km |
| 4.  | 97  | 00:01:48 | 00:09:06 | 131m | 13'44"/km |
| 5.  | 98  | 00:00:39 | 00:09:45 | 72m  | 9'02"/km  |
| 6.  | 99  | 00:01:07 | 00:10:52 | 118m | 9'28"/km  |
| 7.  | 100 | 00:02:02 | 00:12:54 | 279m | 7'17"/km  |
| 8.  | 101 | 00:02:21 | 00:15:15 | 213m | 11'02"/km |
| 9.  | 79  | 00:02:11 | 00:17:26 | 247m | 8'50"/km  |
| 10. | 84  | 00:02:56 | 00:20:22 | 315m | 9'19"/km  |
| 11. | 72  | 00:10:10 | 00:30:32 | 305m | 33'20"/km |
| 12. | 87  | 00:01:15 | 00:31:47 | 128m | 9'46"/km  |
| 13. | 74  | 00:02:04 | 00:33:51 | 204m | 10'08"/km |
| 14. | 73  | 00:01:39 | 00:35:30 | 200m | 8'15"/km  |
| 15. | 83  | 00:01:36 | 00:37:06 | 175m | 9'09"/km  |
| 16. | 82  | 00:01:47 | 00:38:53 | 240m | 7'26"/km  |
| 17. | 102 | 00:01:23 | 00:40:16 | 171m | 8'05"/km  |
| 18. | 93  | 00:00:52 | 00:41:08 | 97m  | 8'56"/km  |
| 19. | 92  | 00:02:26 | 00:43:34 | 282m | 8'38"/km  |
| 20. | 71  | 00:01:28 | 00:45:02 | 231m | 6'21"/km  |
| 21. | 103 | 00:02:53 | 00:47:55 | 269m | 10'43"/km |
| 22. | 999 | 00:00:09 | 00:48:04 | 27m  | 5'33"/km  |

Orienteering Software