



Lenteloop - Park Molenheide

Helchteren 19.4.2023

Omega

Jos HOUBEN

K.O.L.

Omloop : H:02

Afstand : 4100m

Tijd : 0:50:48 (12'23"/km)

22/30

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------------|---------|
| 1. Jan-Gerard VAN DER TOORN | 0:24:44 |
| 2. Nathan JANSEN | 0:27:07 |
| 3. Wouter VAN MUYSEN | 0:29:05 |

1.	94	00:00:50		87m	9'35"/km
2.	95	00:01:04	00:01:54	115m	9'17"/km
3.	96	00:03:01	00:04:55	191m	15'48"/km
4.	97	00:02:20	00:07:15	131m	17'49"/km
5.	98	00:00:50	00:08:05	72m	11'34"/km
6.	99	00:01:31	00:09:36	118m	12'51"/km
7.	100	00:02:41	00:12:17	279m	9'37"/km
8.	101	00:04:10	00:16:27	213m	19'34"/km
9.	79	00:02:39	00:19:06	247m	10'44"/km
10.	84	00:03:24	00:22:30	315m	10'48"/km
11.	72	00:04:07	00:26:37	305m	13'30"/km
12.	87	00:01:26	00:28:03	128m	11'12"/km
13.	74	00:02:57	00:31:00	204m	14'28"/km
14.	73	00:02:23	00:33:23	200m	11'55"/km
15.	83	00:02:04	00:35:27	175m	11'49"/km
16.	82	00:02:30	00:37:57	240m	10'25"/km
17.	102	00:02:13	00:40:10	171m	12'58"/km
18.	93	00:01:03	00:41:13	97m	10'49"/km
19.	92	00:02:59	00:44:12	282m	10'35"/km
20.	71	00:02:22	00:46:34	231m	10'15"/km
21.	103	00:04:00	00:50:34	269m	14'52"/km
22.	999	00:00:14	00:50:48	27m	8'39"/km

Orienteering Software