



LOS 2023-02

Sportoqse 29.4.2023

Omega

Noël NIJSTEN

Borasca

Course : H:01

Distance : 4770m

Time : 0:35:29 (7'26"/km)

7/37

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:27:15 |
| 2. Marcin GACZYNSKI | 0:31:26 |
| 3. Lennert LENS | 0:32:10 |

1.	31	00:00:42		145m	4'50"/km
2.	32	00:00:36	00:01:18	77m	7'48"/km
3.	33	00:00:53	00:02:11	163m	5'25"/km
4.	34	00:00:24	00:02:35	77m	5'12"/km
5.	35	00:00:51	00:03:26	127m	6'42"/km
6.	36	00:01:55	00:05:21	273m	7'01"/km
7.	37	00:01:03	00:06:24	90m	11'40"/km
8.	38	00:01:01	00:07:25	95m	10'42"/km
9.	39	00:01:47	00:09:12	144m	12'23"/km
10.	41	00:02:14	00:11:26	195m	11'27"/km
11.	53	00:01:31	00:12:57	241m	6'18"/km
12.	57	00:02:39	00:15:36	378m	7'01"/km
13.	46	00:01:32	00:17:08	239m	6'25"/km
14.	58	00:00:28	00:17:36	70m	6'40"/km
15.	45	00:01:05	00:18:41	126m	8'36"/km
16.	44	00:00:51	00:19:32	132m	6'26"/km
17.	43	00:00:53	00:20:25	142m	6'13"/km
18.	47	00:00:40	00:21:05	101m	6'36"/km
19.	42	00:00:32	00:21:37	68m	7'51"/km
20.	48	00:02:51	00:24:28	311m	9'10"/km
21.	49	00:01:59	00:26:27	202m	9'49"/km
22.	40	00:01:33	00:28:00	240m	6'28"/km
23.	50	00:01:05	00:29:05	150m	7'13"/km
24.	37	00:00:57	00:30:02	141m	6'44"/km
25.	51	00:00:37	00:30:39	72m	8'34"/km
26.	52	00:01:24	00:32:03	197m	7'06"/km
27.	54	00:01:11	00:33:14	189m	6'16"/km
28.	55	00:01:23	00:34:37	228m	6'04"/km
29.	56	00:00:38	00:35:15	111m	5'42"/km
30.	999	00:00:14	00:35:29	48m	4'52"/km