



City O Cup 1 - 2023
MEERHOUT 30.4.2023
K.O.L.

Kiara NIJST

Hermathenae

Omloop : D:03

Afstand : 3980m

Tijd : 0:38:11 (9'36"/km)

6/15

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Nancy TEUNCKENS | 0:31:51 |
| 2. Ellen BOURGONJON | 0:32:35 |
| 3. Lieke VAN OPSTAL | 0:33:04 |

1.	169	00:04:10		518m	8'03"/km
2.	216	00:02:46	00:06:56	253m	10'56"/km
3.	167	00:01:54	00:08:50	241m	7'53"/km
4.	165	00:01:22	00:10:12	128m	10'41"/km
5.	177	00:06:45	00:16:57	561m	12'02"/km
6.	179	00:01:15	00:18:12	145m	8'37"/km
7.	186	00:04:05	00:22:17	391m	10'27"/km
8.	187	00:01:42	00:23:59	201m	8'27"/km
9.	188	00:00:00	00:23:59	82m	0'00"/km
10.	194	00:02:04	00:26:03	263m	7'51"/km
11.	197	00:02:05	00:28:08	47m	44'20"/km
12.	200	00:01:27	00:29:35	128m	11'20"/km
13.	201	00:01:44	00:31:19	204m	8'30"/km
14.	215	00:01:34	00:32:53	215m	7'17"/km
15.	192	00:01:11	00:34:04	109m	10'51"/km
16.	189	00:01:54	00:35:58	174m	10'55"/km
17.	200	00:01:10	00:37:08	117m	9'58"/km
18.	220	00:00:40	00:37:48	81m	8'14"/km
19.	999	00:00:23	00:38:11	75m	5'07"/km

Orienteering Software