



Militaire Stadsloop Hasselt

Hasselt 10.5.2023

Mil Prov Comdo Limburg

Guy TIREZ

Kamp BEVERLO

Omloop : H:02

Afstand : 7200m

Tijd : 0:39:01 (5'25"/km)

3/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Sandro GRASSO | 0:35:03 |
| 2. Sven HERMANS | 0:38:28 |

1.	101	00:01:24		135m	10'22"/km
2.	103	00:01:08	00:02:32	124m	9'08"/km
3.	106	00:01:14	00:03:46	261m	4'44"/km
4.	118	00:01:45	00:05:31	254m	6'53"/km
5.	113	00:01:21	00:06:52	239m	5'39"/km
6.	111	00:01:18	00:08:10	196m	6'38"/km
7.	107	00:01:05	00:09:15	203m	5'20"/km
8.	120	00:02:03	00:11:18	249m	8'14"/km
9.	117	00:01:45	00:13:03	293m	5'58"/km
10.	132	00:01:14	00:14:17	247m	5'00"/km
11.	124	00:01:43	00:16:00	299m	5'44"/km
12.	129	00:00:57	00:16:57	150m	6'20"/km
13.	114	00:01:39	00:18:36	178m	9'16"/km
14.	116	00:00:39	00:19:15	69m	9'25"/km
15.	131	00:01:26	00:20:41	224m	6'24"/km
16.	128	00:01:13	00:21:54	93m	13'05"/km
17.	141	00:00:46	00:22:40	146m	5'15"/km
18.	139	00:00:59	00:23:39	131m	7'30"/km
19.	160	00:02:14	00:25:53	306m	7'18"/km
20.	151	00:02:38	00:28:31	313m	8'25"/km
21.	149	00:00:50	00:29:21	133m	6'16"/km
22.	134	00:01:00	00:30:21	151m	6'37"/km
23.	163	00:01:30	00:31:51	227m	6'36"/km
24.	153	00:00:35	00:32:26	89m	6'33"/km
25.	144	00:02:47	00:35:13	384m	7'15"/km
26.	145	00:00:54	00:36:07	120m	7'30"/km
27.	146	00:00:27	00:36:34	71m	6'20"/km
28.	143	00:01:31	00:38:05	200m	7'35"/km
29.	110	00:00:41	00:38:46	94m	7'16"/km
30.	180	00:00:15	00:39:01	44m	5'41"/km