



1ª Etapa CMOC

CTG São Luiz do Purunã 7.5.2023

Clube de Orientação de Curitiba

Ricardo Anhaia Ribeiro

Clube de Orientação de Curitiba

Percurso : H Adulto E

Distancia : 7900m (Desnivel 150m)

Tempo : 1:44:31 (13'14"/km)

4/8

O.K.

[Resultados completos em Webres](#)

1. Vinicius Matheus Wosch	1:26:26
2. Gilberto Antonio Bandeira	1:40:44
3. Alexandre Pereira Pinto	1:43:50

1.	105	00:04:47		514m	9'18"/km
2.	76	00:03:58	00:08:45	398m	9'58"/km
3.	128	00:10:44	00:19:29	493m	21'46"/km
4.	127	00:04:21	00:23:50	216m	20'08"/km
5.	117	00:05:29	00:29:19	235m	23'20"/km
6.	112	00:01:52	00:31:11	122m	15'18"/km
7.	101	00:05:17	00:36:28	269m	19'38"/km
8.	105	00:03:23	00:39:51	358m	9'27"/km
9.	92	00:02:54	00:42:45	209m	13'53"/km
10.	97	00:01:25	00:44:10	70m	20'14"/km
11.	104	00:03:30	00:47:40	296m	11'49"/km
12.	119	00:03:16	00:50:56	327m	9'59"/km
13.	111	00:05:34	00:56:30	173m	32'11"/km
14.	108	00:01:26	00:57:56	103m	13'55"/km
15.	125	00:04:03	01:01:59	297m	13'38"/km
16.	128	00:02:04	01:04:03	87m	23'45"/km
17.	129	00:02:41	01:06:44	149m	18'01"/km
18.	133	00:01:13	01:07:57	120m	10'08"/km
19.	132	00:05:59	01:13:56	384m	15'35"/km
20.	130	00:01:25	01:15:21	143m	9'54"/km
21.	134	00:00:50	01:16:11	65m	12'49"/km
22.	133	00:05:57	01:22:08	496m	12'00"/km
23.	138	00:05:23	01:27:31	551m	9'46"/km
24.	80	00:02:49	01:30:20	167m	16'52"/km
25.	75	00:03:50	01:34:10	385m	9'57"/km
26.	73	00:03:07	01:37:17	157m	19'51"/km
27.	96	00:03:11	01:40:28	306m	10'24"/km
28.	91	00:01:55	01:42:23	264m	7'16"/km
29.	90	00:01:54	01:44:17	356m	5'20"/km
30.	999	00:00:14	01:44:31	70m	3'20"/km