



LOS 2023-04

provinciaal domein 20.5.2023

Omega

Etienne DE WIT

K.O.L.

Course : H:01

Distance : 4660m

Time : 0:49:29 (10'37"/km)

31/53

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Mats DE SMUL | 0:30:40 |
| 2. Frederik LOECKX | 0:30:46 |
| 3. Marcin GACZYNSKI | 0:32:23 |

1.	53	00:00:26	83m	5'13"/km
2.	60	00:00:40 00:01:06	101m	6'36"/km
3.	54	00:00:44 00:01:50	82m	8'57"/km
4.	32	00:00:24 00:02:14	44m	9'05"/km
5.	33	00:00:52 00:03:06	109m	7'57"/km
6.	35	00:01:31 00:04:37	188m	8'04"/km
7.	36	00:01:31 00:06:08	75m	20'13"/km
8.	40	00:01:55 00:08:03	180m	10'39"/km
9.	37	00:01:27 00:09:30	108m	13'26"/km
10.	38	00:00:39 00:10:09	73m	8'54"/km
11.	55	00:01:49 00:11:58	263m	6'54"/km
12.	41	00:01:39 00:13:37	146m	11'18"/km
13.	42	00:04:11 00:17:48	210m	19'55"/km
14.	52	00:02:39 00:20:27	220m	12'03"/km
15.	45	00:03:49 00:24:16	297m	12'51"/km
16.	50	00:01:52 00:26:08	107m	17'27"/km
17.	47	00:00:52 00:27:00	100m	8'40"/km
18.	46	00:01:02 00:28:02	101m	10'14"/km
19.	58	00:00:40 00:28:42	83m	8'02"/km
20.	59	00:01:26 00:30:08	195m	7'21"/km
21.	43	00:01:19 00:31:27	99m	13'18"/km
22.	48	00:01:51 00:33:18	236m	7'50"/km
23.	49	00:00:30 00:33:48	47m	10'38"/km
24.	56	00:03:17 00:37:05	192m	17'06"/km
25.	57	00:00:48 00:37:53	61m	13'07"/km
26.	31	00:03:08 00:41:01	413m	7'35"/km
27.	44	00:03:45 00:44:46	208m	18'02"/km
28.	39	00:01:17 00:46:03	199m	6'27"/km
29.	34	00:02:13 00:48:16	274m	8'05"/km
30.	51	00:00:52 00:49:08	127m	6'49"/km
31.	999	00:00:21 00:49:29	34m	10'18"/km