



Lenteloop Vossemeren

Lommel 24.5.2023

K.O.L.

Kim JANSEN

Omega

Omloop : H:01

Afstand : 5500m

Tijd : 0:46:21 (8'26"/km)

4/21

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------------|---------|
| 1. Lennert LENS | 0:40:54 |
| 2. Jan-Gerard VAN DER TOORN | 0:45:26 |
| 3. Benjamin ANCIAUX | 0:46:07 |

1.	146	00:02:29	154m	16'08"/km
2.	144	00:01:37 00:04:06	95m	17'01"/km
3.	104	00:02:35 00:06:41	215m	12'01"/km
4.	106	00:00:50 00:07:31	119m	7'00"/km
5.	109	00:01:18 00:08:49	242m	5'22"/km
6.	108	00:00:24 00:09:13	59m	6'47"/km
7.	107	00:02:47 00:12:00	152m	18'19"/km
8.	105	00:02:31 00:14:31	183m	13'45"/km
9.	112	00:00:51 00:15:22	155m	5'29"/km
10.	114	00:01:21 00:16:43	189m	7'09"/km
11.	118	00:01:42 00:18:25	225m	7'33"/km
12.	117	00:00:49 00:19:14	141m	5'48"/km
13.	125	00:05:14 00:24:28	739m	7'05"/km
14.	128	00:00:45 00:25:13	107m	7'01"/km
15.	129	00:01:06 00:26:19	172m	6'24"/km
16.	124	00:01:12 00:27:31	133m	9'01"/km
17.	123	00:00:58 00:28:29	165m	5'52"/km
18.	131	00:02:05 00:30:34	365m	5'42"/km
19.	132	00:00:40 00:31:14	99m	6'44"/km
20.	130	00:00:56 00:32:10	121m	7'43"/km
21.	122	00:01:32 00:33:42	69m	22'13"/km
22.	120	00:01:29 00:35:11	257m	5'46"/km
23.	135	00:00:53 00:36:04	34m	25'59"/km
24.	133	00:02:52 00:38:56	354m	8'06"/km
25.	137	00:01:51 00:40:47	224m	8'16"/km
26.	141	00:02:28 00:43:15	222m	11'07"/km
27.	142	00:00:55 00:44:10	98m	9'21"/km
28.	143	00:00:51 00:45:01	132m	6'26"/km
29.	148	00:00:57 00:45:58	172m	5'31"/km
30.	999	00:00:23 00:46:21	76m	5'03"/km