

AOS #6 Groenenborger

Antwerpen 1.6.2023

Antwerp Orienteers

Marieke ADDIERS

Omega

Omloop : D:Lang

Afstand : 5000m

Tijd : 0:47:30 (9'30"/km)

7/9

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Claudia ROOMAN | 0:29:47 |
| 2. Sam PORTEMAN | 0:39:45 |
| 3. Carolien PUNIE | 0:41:49 |

1.	31	00:02:18	312m	7'22"/km
2.	32	00:01:21 00:03:39	118m	11'26"/km
3.	48	00:01:32 00:05:11	190m	8'04"/km
4.	49	00:00:51 00:06:02	98m	8'40"/km
5.	57	00:00:47 00:06:49	73m	10'44"/km
6.	34	00:01:01 00:07:50	102m	9'58"/km
7.	33	00:01:54 00:09:44	144m	13'12"/km
8.	53	00:00:22 00:10:06	47m	7'48"/km
9.	35	00:01:22 00:11:28	168m	8'08"/km
10.	36	00:00:42 00:12:10	37m	18'55"/km
11.	37	00:00:41 00:12:51	94m	7'16"/km
12.	40	00:05:20 00:18:11	442m	12'04"/km
13.	41	00:00:48 00:18:59	85m	9'25"/km
14.	38	00:00:51 00:19:50	84m	10'07"/km
15.	39	00:00:48 00:20:38	79m	10'08"/km
16.	42	00:00:38 00:21:16	67m	9'27"/km
17.	43	00:03:30 00:24:46	251m	13'57"/km
18.	44	00:01:52 00:26:38	135m	13'50"/km
19.	45	00:01:16 00:27:54	78m	16'14"/km
20.	46	00:02:04 00:29:58	104m	19'52"/km
21.	47	00:02:38 00:32:36	157m	16'46"/km
22.	50	00:02:29 00:35:05	96m	25'52"/km
23.	51	00:02:01 00:37:06	44m	45'50"/km
24.	52	00:06:17 00:43:23	507m	12'24"/km
25.	54	00:01:22 00:44:45	182m	7'31"/km
26.	55	00:01:03 00:45:48	124m	8'28"/km
27.	56	00:01:19 00:47:07	169m	7'47"/km
28.	999	00:00:23 00:47:30	54m	7'06"/km

Orienteering Software