



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Daniel POEDRAS

5609BR COPV

Circuit : I2

Distance : 6390m (Dénivelé 110m)

Temps : 1:10:23 (11'01"/km)

19/48

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------|---------|
| 1. Serge GRILLET | 0:46:49 |
| 2. Philippe PAGE | 0:48:01 |
| 3. Joël POULAIN | 0:50:34 |

1.	80	00:01:56		202m	9'34"/km
2.	45	00:03:00	00:04:56	375m	8'00"/km
3.	89	00:07:32	00:12:28	778m	9'41"/km
4.	42	00:01:58	00:14:26	240m	8'12"/km
5.	49	00:01:32	00:15:58	132m	11'37"/km
6.	58	00:01:04	00:17:02	77m	13'51"/km
7.	43	00:01:16	00:18:18		
8.	98	00:05:24	00:23:42	538m	10'02"/km
9.	95	00:14:52	00:38:34	1218m	12'12"/km
10.	116	00:01:45	00:40:19	198m	8'50"/km
11.	53	00:01:25	00:41:44	173m	8'11"/km
12.	105	00:09:43	00:51:27	568m	17'06"/km
13.	104	00:16:13	01:07:40	1497m	10'50"/km
14.	255	00:02:06	01:09:46	234m	8'58"/km
15.	999	00:00:37	01:10:23	155m	3'59"/km

Orienteering Software