



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Christian ESCUDIE

81050C BOA Albi

Circuit : K

Distance : 4010m (Dénivelé 65m)

Temps : 0:45:10 (11'16"/km)

2/23

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------|---------|
| 1. Patrick ROBIN | 0:39:25 |
| 3. Bernard DARGENTON | 0:45:34 |

1.	46	00:03:46		517m	7'17"/km
2.	37	00:01:51	00:05:37	209m	8'51"/km
3.	89	00:05:59	00:11:36	682m	8'46"/km
4.	42	00:02:13	00:13:49	240m	9'14"/km
5.	43	00:01:09	00:14:58	155m	7'25"/km
6.	81	00:14:26	00:29:24	460m	31'23"/km
7.	74	00:10:19	00:39:43	922m	11'11"/km
8.	32	00:01:13	00:40:56	153m	7'57"/km
9.	34	00:01:24	00:42:20	202m	6'56"/km
10.	129	00:01:39	00:43:59	132m	12'30"/km
11.	255	00:00:41	00:44:40	117m	5'50"/km
12.	999	00:00:30	00:45:10	155m	3'14"/km

HELGA

Orienteering Software