



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Michel SOL

7707IF OPA MONTIGNY

Circuit : K

Distance : 4010m (Dénivelé 65m)

Temps : 1:02:17 (15'32"/km)

16/23

O.K.

[Résultats complets sur Webres](#)

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|----------------------|---------|
| 1. Patrick ROBIN | 0:39:25 |
| 2. Christian ESCUDIE | 0:45:10 |
| 3. Bernard DARGENTON | 0:45:34 |

1.	46	00:05:50		517m	11'17"/km
2.	37	00:03:27	00:09:17	209m	16'30"/km
3.	89	00:09:07	00:18:24	682m	13'22"/km
4.	42	00:03:15	00:21:39	240m	13'33"/km
5.	43	00:01:51	00:23:30	155m	11'56"/km
6.	81	00:16:41	00:40:11	460m	36'16"/km
7.	74	00:14:49	00:55:00	922m	16'04"/km
8.	32	00:01:45	00:56:45	153m	11'26"/km
9.	34	00:02:08	00:58:53	202m	10'34"/km
10.	129	00:01:41	01:00:34	132m	12'45"/km
11.	255	00:01:05	01:01:39	117m	9'16"/km
12.	999	00:00:38	01:02:17	155m	4'05"/km

HELGA

Orienteering Software