



VII COPA SUL DE ORIENTAÇÃO - Sprint

IFPR - Campus Palmas/PR 28.7.2023

Cobra Clube de Orientação

Paulo Sadao Araki

Clube de Orientação de Miguel Pereira e
Arredores Sobre a Serra

Percurso : H55B

Distancia : 1900m (Desnivel 35m)

Tempo : 0:22:58 (12'05"/km)

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O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------------------|---------|
| 1. Ailton Terumi Mizuta | 0:18:49 |
| 3. Paulo Cesar Rodrigues Castro | 0:23:13 |

1.	129	00:01:22		193m	7'05"/km
2.	128	00:01:10	00:02:32	124m	9'25"/km
3.	132	00:01:11	00:03:43	121m	9'47"/km
4.	71	00:01:28	00:05:11	166m	8'50"/km
5.	101	00:00:26	00:05:37	27m	16'03"/km
6.	70	00:01:05	00:06:42	121m	8'57"/km
7.	138	00:01:03	00:07:45	127m	8'16"/km
8.	131	00:00:32	00:08:17	58m	9'12"/km
9.	103	00:06:06	00:14:23	289m	21'06"/km
10.	108	00:04:29	00:18:52	216m	20'45"/km
11.	120	00:01:00	00:19:52	80m	12'30"/km
12.	119	00:00:36	00:20:28	64m	9'23"/km
13.	121	00:01:11	00:21:39	117m	10'07"/km
14.	134	00:00:34	00:22:13	62m	9'08"/km
15.	90	00:00:32	00:22:45	28m	19'03"/km
16.	999	00:00:13	00:22:58	35m	6'11"/km

Orienteering Software