



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Emanuel Da Silva Ferreira

Clube de Orientação Princesa dos Campos

Percurso : H21E

Distancia : 11000m (Desnivel 420m)

Tempo : 1:23:39 (7'36"/km) [Pontos : 31]

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O.K.

[Resultados completos em Webres](#)

1. Fábio Kuczkoski	1:10:23 [40]
2. Flademir Rudinei Groos	1:20:35 [37]
3. Claudinei Nitsch	1:21:20 [35]

1.	347	00:02:05		340m	6'08"/km
2.	338	00:03:29	00:05:34	308m	11'19"/km
3.	324	00:01:24	00:06:58	178m	7'52"/km
4.	317	00:07:50	00:14:48	807m	9'42"/km
5.	318	00:01:24	00:16:12	162m	8'39"/km
6.	303	00:07:16	00:23:28	663m	10'58"/km
7.	339	00:05:50	00:29:18	504m	11'34"/km
8.	345	00:01:23	00:30:41	203m	6'49"/km
9.	306	00:01:39	00:32:20	245m	6'44"/km
10.	343	00:03:11	00:35:31	408m	7'48"/km
11.	303	00:02:54	00:38:25	338m	8'35"/km
12.	302	00:01:59	00:40:24	228m	8'42"/km
13.	337	00:01:58	00:42:22	268m	7'20"/km
14.	339	00:01:36	00:43:58	270m	5'56"/km
15.	336	00:02:05	00:46:03	269m	7'45"/km
16.	327	00:01:29	00:47:32	202m	7'21"/km
17.	307	00:04:09	00:51:41	688m	6'02"/km
18.	305	00:02:08	00:53:49	210m	10'10"/km
19.	348	00:10:35	01:04:24	1506m	7'02"/km
20.	354	00:02:17	01:06:41	238m	9'36"/km
21.	353	00:02:06	01:08:47	370m	5'41"/km
22.	321	00:01:14	01:10:01	142m	8'41"/km
23.	350	00:01:32	01:11:33	199m	7'42"/km
24.	320	00:02:44	01:14:17	433m	6'19"/km
25.	323	00:02:57	01:17:14	300m	9'50"/km
26.	325	00:04:10	01:21:24	456m	9'08"/km
27.	31	00:01:53	01:23:17	483m	3'54"/km
28.	999	00:00:22	01:23:39	77m	4'46"/km

Orienteering Software