



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

José Altair Blanco Fernandes

Clube de Orientação do Colégio Militar de
Brasília

Percurso : H50A

Distancia : 7000m (Desnivel 270m)

Tempo : 1:06:51 (9'33"/km) [Pontos : 37]

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O.K.

[Resultados completos em Webres](#)

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| 1. Valmor Niedermayer | 1:03:40 [40] |
| 3. Evandro De Melo Casarin | 1:15:46 [35] |

1.	330	00:11:06		1084m	10'14"/km
2.	328	00:01:31	00:12:37	171m	8'52"/km
3.	303	00:00:46	00:13:23	80m	9'35"/km
4.	302	00:02:00	00:15:23	228m	8'46"/km
5.	345	00:05:45	00:21:08		
6.	339	00:01:47	00:22:55	203m	8'47"/km
7.	345	00:01:34	00:24:29	203m	7'43"/km
8.	337	00:01:38	00:26:07	167m	9'47"/km
9.	301	00:03:55	00:30:02	497m	7'53"/km
10.	333	00:04:00	00:34:02	335m	11'56"/km
11.	320	00:01:38	00:35:40	188m	8'41"/km
12.	319	00:03:35	00:39:15	316m	11'20"/km
13.	317	00:02:03	00:41:18	148m	13'51"/km
14.	308	00:04:15	00:45:33	369m	11'31"/km
15.	334	00:03:16	00:48:49	224m	14'35"/km
16.	332	00:01:20	00:50:09	172m	7'45"/km
17.	321	00:02:43	00:52:52	353m	7'42"/km
18.	353	00:01:15	00:54:07	142m	8'48"/km
19.	354	00:02:30	00:56:37	370m	6'45"/km
20.	351	00:03:01	00:59:38	349m	8'39"/km
21.	325	00:03:16	01:02:54	265m	12'20"/km
22.	326	00:01:11	01:04:05	134m	8'50"/km
23.	313	00:01:35	01:05:40	290m	5'28"/km
24.	31	00:00:44	01:06:24	217m	3'23"/km
25.	999	00:00:27	01:06:51	77m	5'51"/km

Orienteering Software