



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Nicolas GONZALEZ ALONSO

AsturExtrem (Spain)

Course : M VET

Distance : 9400m

Time : 0:58:58 (6'16"/km)

15/44

O.K.

[Full result on Webres](#)

1. Kim JANSEN	0:44:04
2. Guido LENGES	0:45:37
2. Frederik LOECKX	0:45:37

1.	57	00:03:54		428m	9'07"/km
2.	67	00:00:48	00:04:42	91m	8'47"/km
3.	35	00:01:49	00:06:31	238m	7'38"/km
4.	81	00:01:46	00:08:17	101m	17'30"/km
5.	54	00:02:03	00:10:20	48m	42'42"/km
6.	66	00:01:06	00:11:26	167m	6'35"/km
7.	65	00:00:54	00:12:20	123m	7'19"/km
8.	106	00:01:54	00:14:14	125m	15'12"/km
9.	82	00:02:02	00:16:16	333m	6'06"/km
10.	64	00:01:47	00:18:03	146m	12'13"/km
11.	84	00:01:33	00:19:36	208m	7'27"/km
12.	83	00:01:19	00:20:55	198m	6'39"/km
13.	85	00:00:33	00:21:28	83m	6'38"/km
14.	73	00:03:29	00:24:57	477m	7'18"/km
15.	39	00:03:53	00:28:50	258m	15'03"/km
16.	51	00:03:10	00:32:00	464m	6'49"/km
17.	68	00:01:48	00:33:48	220m	8'11"/km
18.	86	00:01:44	00:35:32	214m	8'06"/km
19.	87	00:02:42	00:38:14	126m	21'26"/km
20.	88	00:00:54	00:39:08	84m	10'43"/km
21.	89	00:04:11	00:43:19	568m	7'22"/km
22.	58	00:02:18	00:45:37	390m	5'54"/km
23.	52	00:02:20	00:47:57	228m	10'14"/km
24.	59	00:02:07	00:50:04	285m	7'26"/km
25.	72	00:03:48	00:53:52	521m	7'18"/km
26.	69	00:01:23	00:55:15	150m	9'13"/km
27.	71	00:00:43	00:55:58	74m	9'41"/km
28.	91	00:02:16	00:58:14	322m	7'02"/km
29.	43	00:00:30	00:58:44	104m	4'48"/km
30.	999	00:00:14	00:58:58	73m	3'12"/km