

AOS 9 Wilrijkse Plein

Antwerpen 7.9.2023

Antwerp Orienteers

Ruben GRIETENS

Antwerp Orienteers

Omloop : H:Lang

Afstand : 5030m

Tijd : 0:19:50 (3'57"/km)

3/27

O.K.

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|--------------------|---------|
| 1. Warre DE CUYPER | 0:18:24 |
| 2. Evert LEEUWS | 0:18:59 |

1.	31	00:00:37		155m	3'59"/km
2.	32	00:00:57	00:01:34	105m	9'03"/km
3.	33	00:00:46	00:02:20	123m	6'14"/km
4.	34	00:00:43	00:03:03	130m	5'31"/km
5.	35	00:00:28	00:03:31	151m	3'05"/km
6.	36	00:00:52	00:04:23	120m	7'13"/km
7.	47	00:01:53	00:06:16	336m	5'36"/km
8.	49	00:02:33	00:08:49	611m	4'10"/km
9.	44	00:00:25	00:09:14	92m	4'32"/km
10.	45	00:00:00	00:09:14	45m	0'00"/km
11.	46	00:00:49	00:10:03	174m	4'42"/km
12.	48	00:00:50	00:10:53	155m	5'23"/km
13.	50	00:00:24	00:11:17	57m	7'01"/km
14.	51	00:01:48	00:13:05	277m	6'30"/km
15.	52	00:00:15	00:13:20	60m	4'10"/km
16.	53	00:00:40	00:14:00	163m	4'05"/km
17.	54	00:00:48	00:14:48	156m	5'08"/km
18.	55	00:00:24	00:15:12	66m	6'04"/km
19.	56	00:00:42	00:15:54	144m	4'52"/km
20.	57	00:00:14	00:16:08	56m	4'10"/km
21.	58	00:00:22	00:16:30	84m	4'22"/km
22.	59	00:00:38	00:17:08	176m	3'36"/km
23.	60	00:00:00	00:17:08	226m	0'00"/km
24.	62	00:00:54	00:18:02	180m	5'00"/km
25.	63	00:00:54	00:18:56	162m	5'33"/km
26.	64	00:00:44	00:19:40	227m	3'14"/km
27.	999	00:00:10	00:19:50	44m	3'47"/km

Orienteering Software