



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

An SMET

K.O.L.

Course : D:Rouge Court

Distance : 5110m

Time : 1:11:50 (14'03"/km)

6/20

O.K.

[Full result on Webres](#)

1. Els PUT	0:56:08
2. Pia WAGNER	0:58:20
3. Adèle ROBINSON	0:58:37

1.	38	00:02:17		136m	16'47"/km
2.	145	00:05:19	00:07:36	485m	10'58"/km
3.	35	00:01:19	00:08:55	80m	16'27"/km
4.	34	00:01:51	00:10:46	184m	10'03"/km
5.	143	00:01:42	00:12:28	127m	13'23"/km
6.	33	00:03:34	00:16:02	142m	25'07"/km
7.	144	00:01:31	00:17:33	115m	13'11"/km
8.	32	00:03:00	00:20:33	336m	8'56"/km
9.	58	00:02:20	00:22:53	137m	17'02"/km
10.	36	00:05:14	00:28:07	238m	21'59"/km
11.	56	00:02:13	00:30:20	141m	15'43"/km
12.	54	00:02:23	00:32:43	144m	16'33"/km
13.	55	00:03:47	00:36:30	204m	18'33"/km
14.	37	00:05:43	00:42:13	227m	25'11"/km
15.	132	00:02:26	00:44:39	210m	11'35"/km
16.	133	00:01:50	00:46:29	108m	16'59"/km
17.	134	00:01:45	00:48:14	107m	16'21"/km
18.	59	00:01:07	00:49:21	97m	11'31"/km
19.	60	00:02:13	00:51:34	182m	12'11"/km
20.	61	00:02:40	00:54:14	197m	13'32"/km
21.	159	00:02:51	00:57:05	166m	17'10"/km
22.	161	00:03:28	01:00:33	194m	17'52"/km
23.	162	00:01:24	01:01:57	58m	24'08"/km
24.	62	00:01:03	01:03:00	105m	10'00"/km
25.	160	00:01:11	01:04:11	106m	11'10"/km
26.	123	00:00:56	01:05:07	64m	14'35"/km
27.	101	00:00:27	01:05:34	42m	10'43"/km
28.	103	00:02:40	01:08:14	320m	8'20"/km
29.	165	00:02:38	01:10:52	254m	10'22"/km
30.	999	00:00:58	01:11:50	146m	6'37"/km