



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

Lieve GEENS

TROL

Course : D:Rouge Court

Distance : 5110m

Time : 1:37:14 (19'02"/km)

14/20

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Els PUT | 0:56:08 |
| 2. Pia WAGNER | 0:58:20 |
| 3. Adèle ROBINSON | 0:58:37 |

1.	38	00:03:01		136m	22'11"/km
2.	145	00:06:51	00:09:52	485m	14'07"/km
3.	35	00:02:58	00:12:50	80m	37'05"/km
4.	34	00:04:40	00:17:30	184m	25'22"/km
5.	143	00:01:51	00:19:21	127m	14'34"/km
6.	33	00:04:27	00:23:48	142m	31'20"/km
7.	144	00:02:05	00:25:53	115m	18'07"/km
8.	32	00:04:41	00:30:34	336m	13'56"/km
9.	58	00:02:32	00:33:06	137m	18'29"/km
10.	36	00:04:38	00:37:44	238m	19'28"/km
11.	56	00:02:01	00:39:45	141m	14'18"/km
12.	54	00:04:11	00:43:56	144m	29'03"/km
13.	55	00:03:47	00:47:43	204m	18'33"/km
14.	37	00:10:32	00:58:15	227m	46'24"/km
15.	132	00:02:57	01:01:12	210m	14'03"/km
16.	133	00:01:39	01:02:51	108m	15'17"/km
17.	134	00:01:39	01:04:30	107m	15'25"/km
18.	59	00:01:26	01:05:56	97m	14'47"/km
19.	60	00:03:00	01:08:56	182m	16'29"/km
20.	61	00:02:46	01:11:42	197m	14'03"/km
21.	159	00:03:20	01:15:02	166m	20'05"/km
22.	161	00:03:33	01:18:35	194m	18'18"/km
23.	162	00:01:13	01:19:48	58m	20'59"/km
24.	62	00:01:25	01:21:13	105m	13'30"/km
25.	160	00:01:40	01:22:53	106m	15'43"/km
26.	123	00:00:58	01:23:51	64m	15'06"/km
27.	101	00:00:51	01:24:42	42m	20'14"/km
28.	103	00:06:52	01:31:34	320m	21'27"/km
29.	165	00:03:41	01:35:15	254m	14'30"/km
30.	999	00:01:59	01:37:14	146m	13'35"/km