



Nationale lang Sonnis - Kelchterhoef

HOUTHALEN 1.10.2023

K.O.L.

Miel DEFERME

hamok

Omloop : HE

Afstand : 15120m

Tijd : 2:19:21 (9'13"/km)

11/13

O.K.

[Volledige uitslagen op Webres](#)

1. Simon KREKELS	1:28:59
2. Tomas HENDRICKX	1:36:05
3. Frattari Giacomo SCHMIDT	1:38:04

1.	132	00:03:52		426m	9'05"/km
2.	135	00:04:26	00:08:18	540m	8'13"/km
3.	178	00:02:43	00:11:01	287m	9'28"/km
4.	179	00:03:59	00:15:00	410m	9'43"/km
5.	181	00:07:18	00:22:18	814m	8'58"/km
6.	104	00:06:30	00:28:48	519m	12'31"/km
7.	106	00:05:03	00:33:51	355m	14'14"/km
8.	105	00:02:56	00:36:47	207m	14'10"/km
9.	108	00:12:50	00:49:37	1403m	9'09"/km
10.	110	00:01:38	00:51:15	229m	7'08"/km
11.	111	00:04:11	00:55:26	489m	8'33"/km
12.	140	00:03:19	00:58:45	416m	7'58"/km
13.	163	00:04:23	01:03:08	524m	8'22"/km
14.	112	00:01:39	01:04:47	190m	8'41"/km
15.	113	00:06:02	01:10:49	664m	9'05"/km
16.	114	00:03:58	01:14:47	551m	7'12"/km
17.	115	00:02:45	01:17:32	363m	7'35"/km
18.	110	00:02:36	01:20:08	379m	6'52"/km
19.	164	00:03:49	01:23:57	473m	8'04"/km
20.	165	00:02:02	01:25:59	283m	7'11"/km
21.	116	00:04:30	01:30:29	534m	8'26"/km
22.	117	00:03:51	01:34:20	344m	11'12"/km
23.	107	00:01:22	01:35:42	154m	8'52"/km
24.	166	00:04:12	01:39:54	350m	12'00"/km
25.	167	00:03:58	01:43:52	428m	9'16"/km
26.	169	00:04:19	01:48:11	512m	8'26"/km
27.	120	00:05:22	01:53:33	551m	9'44"/km
28.	188	00:05:44	01:59:17	574m	9'59"/km
29.	170	00:03:36	02:02:53	326m	11'03"/km
30.	133	00:07:08	02:10:01	683m	10'27"/km
31.	171	00:02:30	02:12:31	196m	12'45"/km
32.	125	00:04:37	02:17:08	530m	8'43"/km
33.	200	00:00:54	02:18:02	107m	8'25"/km
34.	999	00:01:19	02:19:21	229m	5'45"/km