



Nationale lang Sonnis - Kelchterhoef

HOUTHAIEN 1.10.2023

K.O.L.

John WILHELMMS

ASUB

Omloop : H21

Afstand : 12620m

Tijd : 1:52:41 (8'56"/km)

2/10

O.K.

[Volledige uitslagen op Webres](#)

1. Julien DACHE 1:47:58
3. Johannes HEINOO 1:52:44

1.	133	00:04:49		436m	11'03"/km
2.	135	00:02:44	00:07:33	275m	9'56"/km
3.	123	00:01:54	00:09:27	276m	6'53"/km
4.	179	00:01:44	00:11:11	287m	6'02"/km
5.	120	00:03:46	00:14:57	707m	5'20"/km
6.	177	00:09:45	00:24:42	877m	11'07"/km
7.	106	00:03:56	00:28:38	214m	18'23"/km
8.	174	00:01:59	00:30:37	233m	8'31"/km
9.	138	00:08:33	00:39:10	1372m	6'14"/km
10.	110	00:01:23	00:40:33	222m	6'14"/km
11.	139	00:02:06	00:42:39	317m	6'37"/km
12.	137	00:04:10	00:46:49	537m	7'46"/km
13.	141	00:01:22	00:48:11	206m	6'38"/km
14.	129	00:03:11	00:51:22	482m	6'36"/km
15.	112	00:01:55	00:53:17	296m	6'29"/km
16.	126	00:05:13	00:58:30	677m	7'42"/km
17.	142	00:04:27	01:02:57	646m	6'53"/km
18.	143	00:03:26	01:06:23	349m	9'50"/km
19.	110	00:01:14	01:07:37	208m	5'56"/km
20.	134	00:04:12	01:11:49	552m	7'37"/km
21.	165	00:01:23	01:13:12	181m	7'39"/km
22.	136	00:02:37	01:15:49	410m	6'23"/km
23.	168	00:07:55	01:23:44	286m	27'41"/km
24.	176	00:07:40	01:31:24	222m	34'32"/km
25.	104	00:06:51	01:38:15	192m	35'41"/km
26.	173	00:05:33	01:43:48	756m	7'20"/km
27.	102	00:03:00	01:46:48	454m	6'36"/km
28.	193	00:03:15	01:50:03	407m	7'59"/km
29.	200	00:01:39	01:51:42	232m	7'07"/km
30.	999	00:00:59	01:52:41	229m	4'18"/km