



Nationale lang Sonnis - Kelchterhoef

HOUTHALEN 1.10.2023

K.O.L.

Ivo TIMMERMANS

K.O.L.

Omloop : H70

Afstand : 4220m

Tijd : 0:49:55 (11'50"/km)

5/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Jean BREDO | 0:46:39 |
| 2. Rogier VANAKEN | 0:46:59 |
| 3. Rudy CANTRE | 0:48:43 |

1.	189	00:05:18		430m	12'20"/km
2.	133	00:02:05	00:07:23	205m	10'10"/km
3.	195	00:02:09	00:09:32	209m	10'17"/km
4.	192	00:04:24	00:13:56	399m	11'02"/km
5.	190	00:02:40	00:16:36	233m	11'27"/km
6.	179	00:04:36	00:21:12	160m	28'45"/km
7.	151	00:03:17	00:24:29	291m	11'17"/km
8.	196	00:03:35	00:28:04	321m	11'10"/km
9.	120	00:02:58	00:31:02	171m	17'21"/km
10.	184	00:04:16	00:35:18	293m	14'34"/km
11.	121	00:03:44	00:39:02	296m	12'37"/km
12.	102	00:02:43	00:41:45	273m	9'57"/km
13.	198	00:03:41	00:45:26	316m	11'39"/km
14.	118	00:02:15	00:47:41	197m	11'25"/km
15.	200	00:00:50	00:48:31	116m	7'11"/km
16.	999	00:01:24	00:49:55	229m	6'07"/km

Orienteering Software