



BMOT

Rodenberg 5.10.2023

Belgian Military Orienteering Team

Kris LENAERS

CC R&A

Omloop : H:04

Afstand : 4500m

Tijd : 0:51:19 (11'24"/km)

8/23

O.K.

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- | | |
|--------------------|---------|
| 1. Michel VAN LAAR | 0:41:16 |
| 2. Andre AERTS | 0:41:18 |
| 3. Reginald FORGET | 0:45:00 |

1.	140	00:01:44		166m	10'27"/km
2.	102	00:01:49	00:03:33	84m	21'38"/km
3.	103	00:01:42	00:05:15	137m	12'25"/km
4.	109	00:03:44	00:08:59	364m	10'15"/km
5.	110	00:03:18	00:12:17	306m	10'47"/km
6.	113	00:04:55	00:17:12	484m	10'10"/km
7.	126	00:04:32	00:21:44	341m	13'18"/km
8.	115	00:03:52	00:25:36	353m	10'57"/km
9.	123	00:03:11	00:28:47	336m	9'28"/km
10.	124	00:00:02	00:28:49	125m	0'16"/km
11.	125	00:00:15	00:29:04	33m	7'35"/km
12.	131	00:05:21	00:34:25	565m	9'28"/km
13.	129	00:08:24	00:42:49	207m	40'35"/km
14.	130	00:02:13	00:45:02	243m	9'07"/km
15.	133	00:03:14	00:48:16	230m	14'03"/km
16.	134	00:01:57	00:50:13	216m	9'02"/km
17.	180	00:01:06	00:51:19	211m	5'13"/km

Orienteering Software