



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Serge VANHAMME

5 EMI

Omloop : H:04

Afstand : 4300m (Hoogteverschil 150m)

Tijd : 0:47:56 (11'09"/km)

10/35

O.K.

[Volledige uitslagen op Webres](#)

1. Francis GLASSÉE	0:41:00
2. Eric LORENT	0:42:12
3. Frédéric PICARD	0:42:25

1.	101	00:02:21		189m	12'26"/km
2.	133	00:01:05	00:03:26	108m	10'02"/km
3.	145	00:02:12	00:05:38	227m	9'41"/km
4.	125	00:01:50	00:07:28	192m	9'33"/km
5.	123	00:02:16	00:09:44	151m	15'01"/km
6.	113	00:05:48	00:15:32	634m	9'09"/km
7.	112	00:03:25	00:18:57	142m	24'04"/km
8.	141	00:02:30	00:21:27	183m	13'40"/km
9.	142	00:01:41	00:23:08	298m	5'39"/km
10.	128	00:01:14	00:24:22	102m	12'05"/km
11.	110	00:01:36	00:25:58	183m	8'45"/km
12.	109	00:02:24	00:28:22	170m	14'07"/km
13.	106	00:01:54	00:30:16	170m	11'11"/km
14.	107	00:01:17	00:31:33	125m	10'16"/km
15.	116	00:03:16	00:34:49	141m	23'10"/km
16.	147	00:04:16	00:39:05	494m	8'38"/km
17.	140	00:02:57	00:42:02	154m	19'09"/km
18.	144	00:02:57	00:44:59	306m	9'38"/km
19.	146	00:00:56	00:45:55	130m	7'11"/km
20.	120	00:00:57	00:46:52	112m	8'29"/km
21.	121	00:00:48	00:47:40	85m	9'25"/km
22.	180	00:00:16	00:47:56	52m	5'08"/km

Orienteering Software