



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Véronique DE BRIEY

Balise 10

Circuit : D:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 1:05:31 (11'24"/km)

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O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Agnès MERCIER | 0:50:14 |
| 2. Aline HERMANS | 0:51:03 |
| 3. Gaëlle FRONHOFFS | 0:52:55 |

1.	184	00:04:32		410m	11'03"/km
2.	190	00:01:25	00:05:57	143m	9'54"/km
3.	66	00:01:07	00:07:04	104m	10'44"/km
4.	67	00:03:49	00:10:53	179m	21'19"/km
5.	68	00:02:33	00:13:26	284m	8'59"/km
6.	69	00:01:03	00:14:29	123m	8'32"/km
7.	70	00:01:10	00:15:39	87m	13'25"/km
8.	71	00:00:51	00:16:30	102m	8'20"/km
9.	72	00:02:41	00:19:11	262m	10'15"/km
10.	187	00:02:59	00:22:10	261m	11'26"/km
11.	167	00:03:12	00:25:22	314m	10'11"/km
12.	166	00:02:44	00:28:06	117m	23'22"/km
13.	169	00:06:04	00:34:10	383m	15'50"/km
14.	171	00:04:02	00:38:12	276m	14'37"/km
15.	195	00:01:42	00:39:54	192m	8'51"/km
16.	174	00:03:39	00:43:33	355m	10'17"/km
17.	175	00:02:48	00:46:21	355m	7'53"/km
18.	176	00:02:51	00:49:12	136m	20'57"/km
19.	179	00:03:01	00:52:13	240m	12'34"/km
20.	193	00:02:14	00:54:27	287m	7'47"/km
21.	180	00:04:18	00:58:45	402m	10'42"/km
22.	183	00:03:02	01:01:47	254m	11'57"/km
23.	184	00:01:03	01:02:50	117m	8'58"/km
24.	255	00:02:06	01:04:56	223m	9'25"/km
25.	999	00:00:35	01:05:31	109m	5'21"/km

Orienteering Software