



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Orsolya MOLNAR

ASUB

Circuit : D:Rouge

Distance : 3920m (Dénivelé 125m)

Temps : 1:22:55 (21'09"/km)

17/28

O.K.

[Résultats complets sur Webres](#)

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|------------------------|---------|
| 1. Linda VERBRAKEN | 0:44:04 |
| 2. Sofie HERREMANS | 0:45:04 |
| 3. Josefine HEDERSTROM | 0:51:08 |

1.	186	00:02:44		201m	13'36"/km
2.	171	00:04:43	00:07:27	155m	30'26"/km
3.	187	00:06:49	00:14:16	361m	18'53"/km
4.	192	00:03:24	00:17:40	161m	21'07"/km
5.	193	00:05:50	00:23:30	83m	70'17"/km
6.	179	00:13:17	00:36:47	287m	46'17"/km
7.	175	00:05:59	00:42:46	334m	17'55"/km
8.	191	00:01:54	00:44:40	128m	14'51"/km
9.	183	00:07:52	00:52:32	377m	20'52"/km
10.	69	00:05:11	00:57:43	225m	23'02"/km
11.	72	00:02:47	01:00:30	166m	16'46"/km
12.	189	00:04:29	01:04:59	273m	16'25"/km
13.	66	00:04:22	01:09:21	209m	20'54"/km
14.	184	00:03:54	01:13:15	232m	16'49"/km
15.	195	00:03:59	01:17:14	249m	16'00"/km
16.	185	00:01:00	01:18:14	76m	13'09"/km
17.	255	00:03:52	01:22:06	254m	15'13"/km
18.	999	00:00:49	01:22:55	109m	7'30"/km

Orienteering Software