



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Nicolas SILLIEN

Pégase CO

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 0:47:01 (8'11"/km)

9/63

O.K.

[Résultats complets sur Webres](#)

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| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:03:49		410m	9'19"/km
2.	190	00:00:52	00:04:41	143m	6'04"/km
3.	66	00:01:01	00:05:42	104m	9'47"/km
4.	67	00:01:49	00:07:31	179m	10'09"/km
5.	68	00:01:35	00:09:06	284m	5'35"/km
6.	69	00:00:41	00:09:47	123m	5'33"/km
7.	70	00:00:49	00:10:36	87m	9'23"/km
8.	71	00:01:35	00:12:11	102m	15'31"/km
9.	72	00:01:48	00:13:59	262m	6'52"/km
10.	187	00:02:31	00:16:30	261m	9'39"/km
11.	167	00:02:34	00:19:04	314m	8'10"/km
12.	166	00:01:07	00:20:11	117m	9'33"/km
13.	169	00:04:07	00:24:18	383m	10'45"/km
14.	171	00:02:17	00:26:35	276m	8'16"/km
15.	195	00:01:03	00:27:38	192m	5'28"/km
16.	174	00:03:09	00:30:47	355m	8'52"/km
17.	175	00:02:24	00:33:11	355m	6'46"/km
18.	176	00:01:07	00:34:18	136m	8'13"/km
19.	179	00:01:48	00:36:06	240m	7'30"/km
20.	193	00:01:43	00:37:49	287m	5'59"/km
21.	180	00:03:30	00:41:19	402m	8'42"/km
22.	183	00:02:19	00:43:38	254m	9'07"/km
23.	184	00:01:11	00:44:49	117m	10'07"/km
24.	255	00:01:40	00:46:29	223m	7'28"/km
25.	999	00:00:32	00:47:01	109m	4'54"/km

Orienteering Software