



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

James GOSSELET

ASUB

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 0:53:06 (9'14"/km)

13/63

O.K.

[Résultats complets sur Webres](#)

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| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:06:25		410m	15'39"/km
2.	190	00:01:13	00:07:38	143m	8'30"/km
3.	66	00:01:08	00:08:46	104m	10'54"/km
4.	67	00:01:52	00:10:38	179m	10'26"/km
5.	68	00:01:44	00:12:22	284m	6'06"/km
6.	69	00:01:04	00:13:26	123m	8'40"/km
7.	70	00:00:55	00:14:21	87m	10'32"/km
8.	71	00:00:54	00:15:15	102m	8'49"/km
9.	72	00:01:54	00:17:09	262m	7'15"/km
10.	187	00:02:38	00:19:47	261m	10'05"/km
11.	167	00:02:35	00:22:22	314m	8'14"/km
12.	166	00:01:06	00:23:28	117m	9'24"/km
13.	169	00:04:18	00:27:46	383m	11'14"/km
14.	171	00:02:47	00:30:33	276m	10'05"/km
15.	195	00:02:04	00:32:37	192m	10'46"/km
16.	174	00:02:57	00:35:34	355m	8'19"/km
17.	175	00:02:27	00:38:01	355m	6'54"/km
18.	176	00:01:10	00:39:11	136m	8'35"/km
19.	179	00:01:53	00:41:04	240m	7'51"/km
20.	193	00:02:04	00:43:08	287m	7'12"/km
21.	180	00:03:52	00:47:00	402m	9'37"/km
22.	183	00:02:59	00:49:59	254m	11'45"/km
23.	184	00:01:03	00:51:02	117m	8'58"/km
24.	255	00:01:36	00:52:38	223m	7'10"/km
25.	999	00:00:28	00:53:06	109m	4'17"/km

Orienteering Software