



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altaïr Orientation

Marc EVRARD

Altaïr Orientation

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 1:20:53 (14'04"/km)

50/63

O.K.

[Résultats complets sur Webres](#)

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| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:04:25		410m	10'46"/km
2.	190	00:01:28	00:05:53	143m	10'15"/km
3.	66	00:01:20	00:07:13	104m	12'49"/km
4.	67	00:03:49	00:11:02	179m	21'19"/km
5.	68	00:02:14	00:13:16	284m	7'52"/km
6.	69	00:01:20	00:14:36	123m	10'50"/km
7.	70	00:03:26	00:18:02	87m	39'28"/km
8.	71	00:01:57	00:19:59	102m	19'07"/km
9.	72	00:03:31	00:23:30	262m	13'25"/km
10.	187	00:03:51	00:27:21	261m	14'45"/km
11.	167	00:03:42	00:31:03	314m	11'47"/km
12.	166	00:02:17	00:33:20	117m	19'31"/km
13.	169	00:05:59	00:39:19	383m	15'37"/km
14.	171	00:04:44	00:44:03	276m	17'09"/km
15.	195	00:03:19	00:47:22	192m	17'16"/km
16.	174	00:04:07	00:51:29	355m	11'36"/km
17.	175	00:04:25	00:55:54	355m	12'26"/km
18.	176	00:02:33	00:58:27	136m	18'45"/km
19.	179	00:02:28	01:00:55	240m	10'17"/km
20.	193	00:03:26	01:04:21	287m	11'58"/km
21.	180	00:06:46	01:11:07	402m	16'50"/km
22.	183	00:05:04	01:16:11	254m	19'57"/km
23.	184	00:01:44	01:17:55	117m	14'49"/km
24.	255	00:02:25	01:20:20	223m	10'50"/km
25.	999	00:00:33	01:20:53	109m	5'03"/km

Orienteering Software