



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

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hamok

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 2:02:37 (21'19"/km)

57/63

O.K.

[Résultats complets sur Webres](#)

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|------------------|---------|
| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:07:51		410m	19'09"/km
2.	190	00:02:15	00:10:06	143m	15'44"/km
3.	66	00:01:46	00:11:52	104m	16'59"/km
4.	67	00:04:06	00:15:58	179m	22'54"/km
5.	68	00:03:49	00:19:47	284m	13'26"/km
6.	69	00:02:00	00:21:47	123m	16'16"/km
7.	70	00:02:35	00:24:22	87m	29'42"/km
8.	71	00:02:44	00:27:06	102m	26'48"/km
9.	72	00:04:16	00:31:22	262m	16'17"/km
10.	187	00:04:23	00:35:45	261m	16'48"/km
11.	167	00:05:12	00:40:57	314m	16'34"/km
12.	166	00:09:05	00:50:02	117m	77'38"/km
13.	169	00:10:57	01:00:59	383m	28'35"/km
14.	171	00:07:15	01:08:14	276m	26'16"/km
15.	195	00:03:14	01:11:28	192m	16'50"/km
16.	174	00:06:36	01:18:04	355m	18'35"/km
17.	175	00:04:36	01:22:40	355m	12'57"/km
18.	176	00:02:38	01:25:18	136m	19'22"/km
19.	179	00:03:53	01:29:11	240m	16'11"/km
20.	193	00:05:37	01:34:48	287m	19'34"/km
21.	180	00:10:47	01:45:35	402m	26'49"/km
22.	183	00:08:55	01:54:30	254m	35'06"/km
23.	184	00:02:49	01:57:19	117m	24'04"/km
24.	255	00:04:07	02:01:26	223m	18'28"/km
25.	999	00:01:11	02:02:37	109m	10'51"/km

Orienteering Software