



BOC #2 - Double Sprint - Sprint 2

Les Trois Tilleuls 12.11.2023

ASUB

Philippe DELANDMETER

ASUB

Circuit : H:Noir Long

Distance : 4000m

Temps : 0:45:08 (11'17"/km)

37/46

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Yannick MICHIELS | 0:25:48 |
| 2. Warre DE CUYPER | 0:27:17 |
| 3. Jorn KENNIS | 0:29:08 |

1.	101	00:01:59		240m	8'16"/km
2.	102	00:01:59	00:03:58	43m	46'07"/km
3.	103	00:01:10	00:05:08	78m	14'57"/km
4.	104	00:01:55	00:07:03	188m	10'12"/km
5.	105	00:01:47	00:08:50	94m	18'58"/km
6.	106	00:02:24	00:11:14	172m	13'57"/km
7.	107	00:01:31	00:12:45	206m	7'22"/km
8.	108	00:00:50	00:13:35	76m	10'58"/km
9.	109	00:01:45	00:15:20	143m	12'14"/km
10.	110	00:01:11	00:16:31	91m	13'00"/km
11.	111	00:01:44	00:18:15	175m	9'54"/km
12.	112	00:01:02	00:19:17	86m	12'01"/km
13.	113	00:01:03	00:20:20	80m	13'08"/km
14.	114	00:00:57	00:21:17	88m	10'48"/km
15.	115	00:00:51	00:22:08	75m	11'20"/km
16.	116	00:01:47	00:23:55	169m	10'33"/km
17.	117	00:00:50	00:24:45	95m	8'46"/km
18.	118	00:01:51	00:26:36	125m	14'48"/km
19.	119	00:01:16	00:27:52	146m	8'41"/km
20.	120	00:01:34	00:29:26	163m	9'37"/km
21.	121	00:01:31	00:30:57	135m	11'14"/km
22.	122	00:00:41	00:31:38	65m	10'31"/km
23.	123	00:01:17	00:32:55	163m	7'52"/km
24.	124	00:01:02	00:33:57	73m	14'09"/km
25.	125	00:01:48	00:35:45	205m	8'47"/km
26.	126	00:03:35	00:39:20	339m	10'34"/km
27.	127	00:01:23	00:40:43	88m	15'43"/km
28.	128	00:02:11	00:42:54	144m	15'10"/km
29.	129	00:01:10	00:44:04	142m	8'13"/km
30.	130	00:00:36	00:44:40	62m	9'41"/km
31.	999	00:00:28	00:45:08	71m	6'34"/km